

Important information about influenza vaccine:

- Flu vaccine has been shown to be very effective at preventing influenza
- Flu vaccine does not prevent the common cold
- Flu vaccine cannot give you the flu
- Flu vaccine is administered in the arm and takes up to 2 weeks to be fully protective
- Most people have no significant side effects from the vaccine, with discomfort, redness and swelling at the injection site being the most common side effects
- Very occasionally, a person may experience fever, muscle tenderness and tiredness within a few hours of vaccination that may last 1 - 2 days
- Rarely, a person may experience an immediate adverse event (most probably due to an allergy to eggs) such as hives, angio-oedema (swelling of the face, lips and tongue), asthma or anaphylaxis (severe allergic reaction). These are all rare occurrences
- A rare few cases of Guillain-Barre Syndrome have been implicated with influenza vaccination (1-2 cases per million), although a direct causative relationship has not been established

Important information about intanza vaccine:

- All of the information above is applicable to Intanza
- Intanza can only be given to persons between age 18 and 59
- The needle is 10 times shorter than a regular flu vaccine
- The needle is thinner than a regular flu vaccine
- The amount of vaccine injected is 5 times less
- Intanza is as safe and effective as a regular flu vaccine
- Local reactions may be more visible, as the vaccine is injected just below the skin
- Intanza is slightly more expensive than regular flu vaccine

Following your vaccination, you are required to wait in the observation area for 15 minutes. This allows our nurse to observe you for any reactions, to ensure your ongoing wellbeing.